

ANNUAL REPORT OF KONPAL, CHILD ABUSE PREVENTION SOCIETY, KARACHI FOR THE YEAR 2015

Konpal, CAPS, in the year 2015 has organized a number of activities including a marathon of activities held on the occasion of Universal Children Day and at Konpal Children Centre (KCC).

TRAINING WORKSHOP:

A. Mother Training Workshop:

Kopal, CAPS in this year held 13 mother training workshop 12 at Civil Hospital Karachi Paeds Unit I and 1 at Konpal Children Centre in all these training workshops 393 mother (parents) were trained. At the end parents were given certificates of participation and a gift of first aid box.

B. Workshop for children:

Innovative workshop with the students of Rehnuma Trust have been regularly done twice a week in which 713 students both boys and girls attend the workshop. During this workshop the students were involved in many activities and through these workshop they were trained about the personal Hygiene and proper hand washing good eating habits and nutritional counseling and self protection.

C. Doctors Workshop:

Workshop on Early detection and case management of Child Abuse and Neglect for health Care Provider at Paeds Unit I, CHK was held on 14th & 15th November, 2015 facilitated by Dr. Aisha Mehnaz, Dr. Fehmina Arif 24 doctors were trained.

WORKSHOP FOR LHV OF LADY DEFFERN HOSPITAL:

Workshop for LHV health care providers was held on 12th November, 2015 at nurses hospital (lady deffern) was facilitated by Dr. Aisha Mehnaz, Dr. Waqar, Dr. Ali, Dr. Sharmeen, Mr. Muhammad Adil, Ms. Aisha Akhlaq, Ms. Naila and Ms. Shahnaz Yasin 39 nurses were trained.

WORKSHOP FOR PARAMEDIC:

Workshop for the paedics technician was held on Enhancement mother skills in child care and protection at seminar room paedics unit 1 was held on 3rd November, 2015 at CHK, 39 Nurses were trained both male and female.

On 5th December, 2015 workshop on career counseling at SOS Village, Karachi for the youth home and youth of SOS Village (girls) were conducted by Dr. Syed Moyn Aly. Total no of 40 students participated they were given certificate and a shield to Dr. Syed Moyn Aly.

SEMINARS / CONFERENCE

7th April 2015

Seminar on the occasion of world Health Day was held at DUHS on National Guideline on Paediatrics Disease and the theme was Food Safety.

Chief Guest: Dr. Junaid Ashraf Principal Dow Medical College
Dr. Arif and Dr. D. S. Akram

The Speakers were:

Dr. Aisha Mehnaz
Dr. Fehmina Arif
Dr. Ammarah Jamal
Dr. Ghulam Murtaza
Dr. Yousuf Yahya
Dr. Khalid Shafi

About 200 doctors participated.

CHILD RIGHTS CONFERENCE:

Child Rights Conference at Queta was held on 5th & 6th November, 2015 and a workshop on disaster management was done by Dr. Aisha Mehnaz.
Facilitated by Dr. Naeem Zafar and Dr. Tofail 30 participants trained.

SEMINAR AT KCC:

Saturday 18th April, 2015

A seminar on the occasion of world health day at KCC for the teaching staff of Rehnuma Trust school.

Topic: Food Safety was presented by Dr. Sharmeen

Life Style Modification was presented by Dr. Javeria

Total No of 30 teachers were trained.

Seminar on Child Rights and Abuse was held on 10th October, 2015 for the teacher of Rehnuma Trust School facilitated by Dr. Aisha Mehnaz and attended by 22 teachers.

Awareness raising seminar for parents and teachers of Karachi Grammar School was held on 14th November, 2015 by Dr. Aisha Mehnaz about more than 150 parent's participants and appreciated it.

On 15th August, 2015 Independence Day celebrated with the children of Rehnuma Trust School with national songs and anthem and sweets were distributed.

MEDICAL CHECKUP:

This year about 375 students of Rehnuma Trust have been medically checked at KCC by Dr. Aisha Mehnaz, Dr. Imtiaz, Dr. Yousuf Yahya, Dr. Arsalan, Dr. Waqar, Dr. Farrukh, Dr. Farida Qureshi, Dr. Sabir, Dr. Rajesh, Dr. Fehmina Arif, Dr. Samina Ali, Dr. Naila, Dr. Javeria, Dr. Shahid Jibran and Dr. Kirshan Rai.

SUMMER CAMP:

4 days Summer Camp was organized for the student of Rehnuma Trust school from 3rd – 9 June, 2015 in all total number of 11 student took part different classes were held like spoken English, stress management, recycling of products, Yoga, healthy food preparations and etc.

On the last day competition of one dish party was held and the dishes were prepared by the students and prizes were given certificates were also giving to the students.

ACTIVITIES AT SOS VILLAGE:

- Iftar Party and Mehndi ceremony.
- Dinner hosting on the occasion of Sana's wedding.
- Career planning workshop for youth of SOS village and Youth Home.

Mehndi of konpal girl which was attended by Dr. Aisha Mehnaz and Ms. Shahnaz Yasin.

Friday 31st June, 2015 wedding day Konpal girl got married to Mr. Shakir at SOS village Dinner was hosted by konpal

Attended by Dr. Farida Qureshi, Dr. Amanullah Lail, Dr. Aisha Mehnaz, Ms. Shahnaz Yasin, Mr. Muhammad Adil, Mr. Shahnawaz Khan.

Witness were Mr. Shahnawaz Khan and Mr. Muhammad Adil.

SILENT PROTEST DEMO AT KARACHI PRESS CLUB:

Konpal staged a silent demonstration at Karachi Press Club on 13th August, 2015 at 2pm to protest and raised voice against sexual abuse and torture of children at Qasoor.

Attended by Dr. Aisha Mehnaz, Ms. Shahnaz Yasin, Mr. Muhammad Adil, Ms. Aisha Ahlaq, Ms. Gori, Mr. Khalid Ahmed, PPA, PMA, WAR also joined deputy speaker National Assembly Mrs. Shehla Raza graced the occasion.

ALL PAKISTAN DUHS – DICE HEALTH INNOVATION EXHIBITION 2015 24TH AUGUST, 2015.

All Pak DUHS-DICE Health innovation exhibitions 2015 which was held of expo centre the participants were invited by Governor of Governors House konpal was also invited along with its poster Mr. Muhammad Adil and Ms. Aisha Akhlaq presented konpal.

10TH ANNIVERSARY CELEBRATED:

This year konpal celebrated its 10th Anniversary was held on 22nd March, 2015. Dr. & Mrs. Ghaffar Billoo was the chief guest and the cake was cut by them. Bouquet was presented to Mrs. Billoo the day was attend 30 guest. Dr. Ghaffar Billoo was also held on the day.

UNIVERSAL CHILDREN DAY:

Universal Children Day was celebrated outside was held on 21st November, 2015 at Arag Auditorium, DMC with the children (Patients) and they mothers with cake cutting ceremony followed by face painting games.

Embroidery competition among the mothers was held and the gifts were giving to the participants.

Universal Children Day was observed at Quaid-e-Azam Mazar, Karachi was held on 22nd November, 2015, about 300 peoples from different walk of life doctors, teachers, students, children, konpal members, SOS village children, Scouts from youth home along with the director Mrs. Zahida Hashmi took part in the walk.

Band from malir public school with the students and teacher participated and gift of books were given to the children.