

ACTIVITIES OF KONPAL IN 2018
Half Year REPROT
JANUARY – JUNE, 2018

The following activities were organized by konpal during January – June, 2018.

WOMEN’S DAY:

10th March, 2018 On the occasion of international Women’s day Konpal, CAPS organized a mother’s workshop at Department of Paediatrics Unit II, Civil Hospital Karachi all to gather 36 mothers attended the workshop it was an active participant by the mothers. The workshop was facilitated by Prof. Aisha Mehanz, Prof. Fehmina Arif, Prof. Muzamil Shabana Ejaz, Prof. Nusrat Shah, Ms. Shahnaz Yasin and Mr. Muhammad Adil.

The mother’s were given certificate at the end & medicine & refreshment were also given.

HEALTH DAY:

7th April, 2018 On the occasion of world Health Day konpal, CAPS organized a spring festival at SOS, village Karachi with lost of fun an activities healthy messages were given on important of exercise, diet and healthy living. Demonstration of Aerobic and Yoga was given by an expert Ms. Bushra Shab in which all the children and mothers participated and enjoyed. Different games were played by konpal members with children. Musical chair competition for mothers was held, the evening ended with refreshment.

24th April, 2018

A provincial consultation on “**child protection agenda 2018 advocacy and action**” was organized by Dastak which was attend by Dr. Aisha Mehnaz & Ms. Shahnaz Yasin.

20th May, 2018 (4th Ramzan Mubarak)

The whole program at SOS Village was sponsored by the team of Konpal Members. The Dinner and gift of stitch Clothes for boys of village and youth home was donated by Mr. & Mrs. Rana Najam. Total Nos. of 175 3 piece lawn suit for the girls and mothers of the village was sponsored by Dr. Aisha Sarwat, Dr. Seema Zia, Dr. Zaiba Batool, Dr. Aisha Mahnaz and Shahnaz Yaseen.

**Reported by :
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