



KONPAL, CHILD ABUSE PREVENTION

SOCIETY, KARACHI.

Who are we?

KONPAL, Child abuse Prevention Society is a registered NGO (Registered under Voluntary Social Welfare Agencies, Registration Control Ordinance, 1961 (XLVI of 1961) on March 21, 2005). Working for children Rights and against all forms of Child Abuse & Neglect.

It comprises of Child Rights activists who share the common vision of giving Rights to the Children according to UN, CRC and shows Zero Tolerance against all kinds of child abuse and neglect.

The members are professionals from different fields who are concerned with the rising incidence of Child Neglect & Abuse.

What are we doing?

We are working on four main areas of children Rights, Abuse & Neglect. Namely awareness raising and advocacy, training of stake holder service delivery to the child victims of abuse and neglect and research on the issues related to Rights of Children and their Abuse & Neglect.

How we can help you?

We can offer the following services to enhance your knowledge and skills on children Rights and information related to children health and protection.

- ❖ Training of Teachers (one day workshop on Children Rights and Protection from Abuse and Neglect.
- ❖ Awareness Raising Session with Children on Health and Self Protection from Abuse & Neglect.
- ❖ Mother Training Workshop on "Enhancement of Mothers / Caretaker Skills in Children Care & Protection.
- ❖ School Doctors Training Workshop on "Children Rights and Early Case Detection of Child Neglect & Abuse and timely referral.
- ❖ Health Checkup of Students.



“Workshop with Children on Children Rights & Self Protection”

Objective

- ❖ To raise awareness among children about Rights.
- ❖ To raise awareness among children about positive self and body image and to give age appropriate information about their reproductive health.
- ❖ To enhance their skills on self-protection.
- ❖ To enhance their skills on participation in self-improvement.

Training Tools & Methods

Hands on training session will include

- Exercise, practical Demonstration, videos, role play, power point presentation.

Training Package: Rs. 1000/ person.



Mother / Caretaker Training Workshop on “Enhancement of Mothers / Caretaker Skills in Children Care & Protection”

Objective:

- ❖ To enhance the skills of mothers / caretakers on common health related issues of their children & their solution.
- ❖ Capacity building of mothers / caretakers in protection of children.
- ❖ Empowering the mothers or caretakers on resolving conflicts and issues within families.

What we offer? We offer training in the following areas:

- ✓ Hand washing & basic hygiene.
- ✓ Newborn care & immunization.
- ✓ Breast feeding and nutrition.
- ✓ First-aid management.
- ✓ Conflict management.
- ✓ Protection and prevention of child abuse.

Training Tools & Methods:

- Hands on Exercises, Practical Demonstration, Videos, Role Play and Power presentation.

Training Package: 1000/person



“Capacity, Building and Personality Development Workshop for Children (one week)”

Objective:

To Enhance the Capacity of children’s in the communication, Ethical, Personal, Social, Healthy Eating Habits, and Healthy Recreational Activities.

What we offer? We offer training in the following areas:

The Konpal Children Literacy Centre will offer 7 Days training workshop in the following Domain:

1. Day I: The Communication Domain:
 - ✓ Reading Skills.
 - ✓ Writing Skills.
 - ✓ Vocabulary Skills.
 - ✓ Story Making Skills.
2. Day II: The Ethical Domain:
 - ✓ Moral Development.
 - ✓ To introduce Ethical Values and Help them to move in Society.
3. Day III: The Personal Domain:
 - ✓ Motivation level enhancement.
 - ✓ Increasing self – esteem and self-efficacy.
 - ✓ Self-care and grooming.
 - ✓ Personality Assessment and Need Assessment Fulfilling.
 - ✓ Coping Skills.
4. Day IV: Social Domain:
 - ✓ Work on interpersonal skills.
 - ✓ Behavior and attitude.
5. Day V: Healthy Eating Habits Doman:
 - ✓ Balanced Diet.
 - ✓ Nutritional values.
 - ✓ Harm of junk food.
 - ✓ Proper hygiene.
6. Day VI:Academic Domain:
 - ✓ Goal setting.
 - ✓ Presentation Skills.
 - ✓ Career Guidance.
7. Day VII: Healthy Recreational Activities Domain:
 - ✓ Paining.
 - ✓ Art / Craft.
 - ✓ Recycling the products.
 - ✓ Pot paining.
 - ✓ Gardening.

Training Tools & Methods:

- Hands on Exercises, Practical Demonstration, Videos, Role Play and Power presentation.

Training Package: 7000 / person.



Training of Teachers “one day workshop on Children Rights and Protection from Abuse and Neglect”

Objective:

To raise the awareness among the teachers and parents regarding

- ❖ The issues of child Rights & Child Abuse and Neglect.
- ❖ Protection of Children from Child Abuse and Neglect.
- ❖ Early detection of cases of child abuse & Neglect.
- ❖ Referral of cases of CAN to the concern authorities.
- ❖ Formation of “School Child Protection Committee” (SCPC)
- ❖ Linkage of SCPC with Hospital Child Protection Committee (HCPC) and other concerned organization / NGO.

What we offer? We offer training in the following areas:

- ✓ What is CRC? Who should implement it.
- ✓ Opinions / beliefs regarding CAN.
- ✓ What is child protection, child abuse and child neglect?
- ✓ When will you suspect child abuse and neglect?
- ✓ What you can do if you suspect CAN.
- ✓ How you can prevent child abuse and neglect?

Training Tools & Methods:

- Hands on Exercises, Practical Demonstration, Videos, Role Play and Power presentation.

Training Package: Rs.1000 / person.



“Training for School Doctors”

“One Day Training workshop for school doctors / health care providers on “Children Rights and Early Case Detection and Management Child Neglect and Abuse & timely referral.

Objective:

- ❖ To Raise Awareness among health care Providers on Children Right on issues related to child abuse and neglect.
- ❖ To enhance the capacity of health care professionals on early care identifications, management (support of abused) and Neglect Children and timely referral.
- ❖ Orientate the participants of Child protection committee model.

What we offer? We offer one day training workshop to Doctors / Health care providers which include sessions on :

- ✓ Children rights.
- ✓ Early case detection of child abuse and neglect.
- ✓ Support and counseling to the effected child and their family.
- ✓ Timely referral of cases of child abuse and neglect.
- ✓ Networking with the other NGOs.

Training Tools & Methods:

- Hands on Exercises, Practical Demonstration, Videos, Role Play and Power presentation.

Training Package: Rs.1000 / person.



“Health Checkup of Students”

Objective:

- ❖ To identify common health problems of School Children & their timely referral.
- ❖ To identify developmental and learning problems in children.
- ❖ Counseling of school children on common psychological problems.
- ❖ To impart information on child protection.

What we offer? We offer training in the following areas:

- ✓ Height, Weight & BMI assessment.
- ✓ Dental checkup.
- ✓ Eye Checkup / ENT examination.
- ✓ Hygiene & Cleanliness.
- ✓ Health Card.
- ✓ Hb Checkup & BP measurement.

Training Tools & Methods:

- Hands on Exercises, Practical Demonstration, Videos, Role Play and Power presentation.

Training Package: Rs. 150 – 250 / child.