

# KONPAL\* CHILD ABUSE PREVENTION SOCIETY

کونپل بچوں کے تحفظ اور ان پر تشدد کے ازالے کے لئے کوشاں ہے۔ اس غیر حکومتی ادارے میں بچوں کے حقوق کے تحفظ کا عزم رکھنے والے افراد شامل ہیں جو معاشرے کو بچوں پر تشدد سے پاک کرنے کے لئے سرگرم عمل ہیں اور ایسا معاشرہ دیکھنا چاہتے ہیں جو بچوں پر جنسی تشدد کو اور ان کے کاروباری استعمال کو ہرگز برداشت نہ کرنے اور نہ ان کو کسی ضرر رساں کام، عسکری تنازعہ یا تشدد معاملے میں ملوث ہونے دے۔ اس کے ارکان میں مختلف شعبہ ہائے حیات سے تعلق رکھنے والے افراد شامل ہیں جو بچوں پر تشدد کے رجحان میں اضافے کے بارے میں نگر مند ہیں اور اس کے خاتمے کے لئے ہر ممکن طریقے سے جنگ کرنے میں مصروف ہیں۔



# KONPAL\* CHILD ABUSE PREVENTION SOCIETY

KONPAL Child Abuse Prevention Society is a non political non sectarian, non Government Organization which is tax exempted and PCP certified. Konpal is working for the rights of children and against all forms of child abuse, neglect and violence. It comprises of child right activists who share the common vision of society free of child abuse with zero tolerance against child sexual abuse and commercial sexual exploitation. The members are professionals from different fields who are concerned with the rising incidences of child maltreatment, neglect, abuse and violation of children rights.

Website: www.konpal.org | Facebook: Konpalcaps | Email: contact@konpal.org

## بچوں کی نشوونما میں برقی پردہ (Digital Screen) کے مضر اثرات

Digital Screen یا برقی پردہ کے استعمال کا مطلب کسی بھی ایسے آلات کا استعمال ہے جیسے موبائل کمپیوٹر، ٹی وی وغیرہ جہاں پراسکرین پر نظریں جما کر دیکھا جاتا ہے۔ اس میں شک نہیں ہے کہ سائنسی، جدید آلات نہ صرف عام لوگوں تک معلومات پہنچانے کا بہترین ذریعہ ہیں بلکہ تعلیم اور دیگر ابلاغ کے عروج میں بھی ایک اہم کردار ادا کرتے ہیں۔ وہیں دنیا بھر میں تحقیق نے یہ ثابت کیا ہے کہ کم عمر کے بچوں میں خصوصاً دو سال کی عمر سے کم بچوں کے دماغ پر Exposure to digital screen کے اثرات بہت نقصان دہ ہیں۔ کم عمر میں ان برقی پردہ کا استعمال نہ صرف ایک بری لت اور عادت کو ترویج دیتا ہے ہیں اور دماغ کو بڑھنے کے عمل کو بھی متاثر کرتا ہے۔ دو سال سے کم عمر کے بچوں میں دماغ کی بڑھنے کی رفتار خصوصاً بہت تیز ہوتی ہے۔ اس عمر میں دماغ کے خلیے تیزی سے بڑھتے ہیں بولنے کی صلاحیت (Languages development) بڑھتی ہے اسکے ساتھ جسمانی مضبوطی اور ساخت میں بھی تیزی سے اضافہ ہوتا ہے۔ بچہ اس دو سال میں بیٹھنے، کھڑا ہونے اور چلنے کی صلاحیت بھی اسی عمر میں حاصل کرتا ہے۔ مسلسل (Screen) پر نظریں جمائے رہنے سے سیکھنے اور بولنے کی صلاحیت بری طرح متاثر ہوتی ہے ایک دفعہ برقی آلات کے استعمال کی لت بچوں کو لگ جائے تو سماجی تعلقات، ادب اور آداب کی بنیادی اصول جو بچے گھر میں اپنے بڑوں کو دیکھ کر اپناتے ہیں اس سے محروم ہو جاتے ہیں اسکول جانے والے بچوں میں اسکے مضر اثرات تعلیمی قابلیت کی کمی کی صورت میں نظر آتی ہیں۔ بچوں میں سوچنے سمجھنے اور یاد (Memory) رکھنے کا عمل بری طرح متاثر ہو جاتا ہے۔ دیر تک برقی پردے کا استعمال بچوں کی جسمانی صلاحیتوں کو بھی متاثر کرتا ہے وہ جسمانی طور پر کمزور ہو جاتے ہیں اور جلد موٹاپے کا شکار ہو جاتے ہیں وہ معلومات اور صلاحیتیں جو قدرت کے نظارے دیکھنے میں اور گھوم پھیر کے دنیا اور ارد گرد کے ماحول سے حاصل کی جاتی ہیں بچے اس سے محروم رہتے ہیں۔ تحقیق نے یہ بھی ثابت کیا ہے کہ بہت دیر تک اسکرین کو دیکھنے سے نیند متاثر ہوتی ہے اور بچے کم خوابی کا شکار ہو جاتے ہیں وہ ہارمون جو نیند کے دوران دماغ سے خارج ہوتے ہیں صحیح طور پر اسکا اخراج نہیں ہوتا ہے نتیجہ اسکی وجہ سے بڑھنے کی رفتار اور تعلیمی قابلیت متاثر ہوتی ہے۔ بلوغت کی عمر میں بچے شدید ذہنی اور نفسیاتی دباؤ کا شکار ہو جاتے ہیں۔ والدین کو چاہیے کہ اوائل عمر سے بچوں کی تربیت میں اسکرین ٹائم یا (Exposure to Digital Screen) کا خیال رکھیں کوشش تو یہ کریں کہ جہاں تک ممکن ہو ان آلات کا استعمال بچوں میں انکی موجودگی میں کریں اور ان کو صحیح معلومات اور صاف ستھری تفریح کی طرف مائل کریں معلوماتی ویب سائٹ کے بارے میں خود بھی پتہ کریں اور بچوں کو بھی اسکی طرف مائل کریں۔ تعلیم اور تفریح کے درمیان توازن قائم کریں۔

والدین کو چاہیے کہ (Screen Time) کے حوالے سے مندرجہ ذیل ہدایات پر عمل کریں۔

- ☆ اٹھارہ ماہ یا اس سے کم عمر کے بچے کسی بھی طرح (Digital Screen) نہ دکھائیں۔
- ☆ اٹھارہ ماہ سے دو سال تک کے بچے صرف مختصر عرصہ کے لیے یا صرف (Video Chat)
- ☆ دو سال سے پانچ سال تک کے بچے ایک گھنٹہ سے کم
- ☆ پانچ سال سے سات سال تک کے بچے دو گھنٹہ سے کم
- ☆ سات سال سے بارہ سال تک کے بچے صرف چار گھنٹہ
- ☆ تیرہ سال سے اٹھارہ سال تک کے بچے بڑوں کی نگرانی اور ہدایات کے مطابق

امریکن اکیڈمی آف پیڈیاٹرک (Source:AAP)

کونپل، ننھی اور نرم و نازک لیکن پھر بھی ایک پھول، پتہ یا شاخ بننے کے عزم سے پھر پور

KONPAL CALLING  
"Konpal" means a new bud. Small, tender, delicate, yet capable of becoming a flower, a leaf or a branch.

## KONPAL ORGANIZED PROTEST MARCH AND CANDLE LIGHT VIGIL FOR CHILDREN OF GAZA

In order to show solidarity with children of Gaza and the genocide committed against people of Palestine. A protest march cum candle light vigil was organized by Konpal at the iconic Frere hall Karachi. The demonstration was organized on the occasion of Universal Children Day.

A large number of civil society members, child rights activists, children, parents and Konpal volunteers participated in the march. As a symbol of peace participants wore white dress and lit candles in the memory of children who died of war atrocities, abuse and violence all over the world.

Prayers for the victims and survivors of Child abuse against violence and War was also held.





## ANNUAL ACTIVITIES REPORT OF KONPAL JANUARY 2023 DECEMBER, 2023

Konpal, Child abuse prevention society (KONPAL, CAPS) primarily work for Rights of Children as per UNCRC and against all forms of Child Abuse, Violence and Neglect. (www.konpal.org/ Facebook: konpal caps the following activities were organized by konpal from January - December, 2023.

### AWARENESS RAISING CUM CAPACITY BUILDING WORKSHOPS/SEMINARS ORGANIZED BY KONPAL:

**8th March, 2023:** On the occasion of "International Women's Day" Konpal in collaboration with Department of Paediatrics DUHS organized a one day capacity building workshop for mothers admitted with their sick children and staff of Paediatrics ward. The hands on workshop was facilitated by Dr. Sadaf Ali, (Konpal Joint secretary) and Mr. Muhammad Adil (Program Manager Konpal) along with Paediatrics faculty. Topics discussed were: New born care, Nutrition, First Aid Management,



Hand washing, Conflict Management and prevention of Child Abuse and neglect. In the end certificate were distributed by Prof. Muzamil Shabana Ejaz HOD, Department of Paediatrics Unit I, and DUHS.

**13-15 July, 2023:** Fifth International Development and Behavioral Conference was



held at Lahore. Session on bullying in children and workshop on safeguarding children was conducted by Prof. Aisha Mehnaz, Chairperson, Konpal and was actively participated by very enthusiastic participants.

**2nd August, 2023:** On the occasion of world breast feeding week, konpal organized an awareness raising seminar at school of Midwifery, Kohi Goth Hospital, Malir. The theme of the WBW this year was "enabling breast feeding, making a difference for working Parents" speaking on the occasion Dr. Aisha Mehnaz, highlighted the importance of breast feeding and how a midwife can play the most pivotal role in counselling mothers to breast feed the child. The notable panelist discussed important aspects of breast feeding Dr. Azra Rafiq, (Pediatrician and lactation consultant), Prof. Mumtaz Lakahani and, Dr Talat Sultan (Senior Pediatricians), DrBushra Mohsin Gynecologist from Kohi Goth. Ms. Shahnaz Yasin, Dr. Rana Najam, Mr. Najam Sehar later led the walk conducted the program well. Dr. Tipu Sultan praised konpal in his concluding remarks.



## CASE REPORT:A CASE OF INCEST

Seven- year- old Shama (not real name) was brought to the out patient clinic with complaints of pain during urination and squatting for the last two weeks. There was no accompanying complaints of fever, abdominal pain or blood in urine. Mother while interviewing admitted that Shama has complained on several occasion that that the father has been molesting her as well as her two younger siblings, aged six and four years respectively ,while the mother was asleep. Examination showed a vitally stable girl but local examination of genitalia was suggestive of child sexual abuse, later confirmed on the medico-legal examination (vulva and vestibule were hyperemic and the anal opening appeared lax with hymen not intact). Similar findings were documented in the younger siblings. The case was reported to the Sindh child protection authority (SCPA) as well as to the medico-legal department. Mother also lodged a case against the father. Prompt action was taken. The case is now being processed, we hope that culprit is apprehended and dealt with iron hand.

Incest is described as sexual relations between people too closely related to marry each other. Incest is a crime in all countries and religion, even if both partners consent. At this time, Pakistan has no set of laws dealing with incest, but it does have a law against rape and sexual activity outside legal wedlock. The culprit has to face the punishment regardless of any biological relationship under section 376 with punishment from death to life imprisonment. If any sexual act by relatives or others has involved a child, like voyeurism, exhibitionism , the culprit will be dealt under section377B with punishment upto 20 years in jail.



**Happy New Year**

# 2024

**CHILDREN ARE THE GREATEST SYMBOL OF HOPE FOR THE FUTURE.**

**Konpal, Child Abuse Prevention Society, Karachi.**  
Website: [www.konpal.org](http://www.konpal.org), Facebook: [konpalcaps](https://www.facebook.com/konpalcaps), Email: [contact@konpal.org](mailto:contact@konpal.org)

### FOR DONATIONS

<b>Title of Account</b>	<b>Account Number</b>
konpal caps	00277000093603
<b>Bank: Habib Bank (Nursery Branch)</b>	
<b>Block 6 PECHS Karachi</b>	



**11th November 2023:** Seminar on World Mental Health day was organized by Kiran Foundation at their DCTO campus, Lyari. Prof Dr. Aisha Mehanz gave talk on “Digital Media and its impact on mental health of children and adolescent” it was attended by large number of mothers, students and staff members.



**6th May. 2023:** A well-attended on day workshop on “How to organize and conduct workshop on selected topic” was organized by Konpal in collaboration with Ziauddin School of Nursing at its Nazimabad campus. Over 25 senior teachers belonging to different institution / organizations participated and enjoyed the highly interactive workshop. The facilitator was Prof Aisha Mehnaz helped by Dr. Rana Najam, Mrs. Shahnaz Zaman, Dr, and Mrs. Shireen. Dr. Pamela Marshal the Dean of school of nursing Ziauddin Hospital in her concluding remarks highly appreciated Konpal for its efforts in awareness raising and said that she is looking for more such ventures and collaboration with konpal



#### INTERNSHIP PROGRAMS ORGANISED BY KONPAL:

**5th -20th Sept 2023:** Konpal held an Internship program for Students of Nursing, Ziauddin University. Five sessions were held, the sessions

included introduction to Konpal, types of NGOs, Children Rights, Career planning, introduction to research. Later research assignment were given. The students were also involved in health Camp at Musa colony. Last session and concluding ceremony of Konpal Internship program was held on 23rd Sept 2023 at Konpal office. Twelve nursing students from Ziauddin and KU attended the program. They presented the survey results of their last assignment and shared their recommendations for the Community of Musa colony. The program ended with the certificate distribution. Students highly appreciated the Internship program and volunteered to participate in any future activities of Konpal. Dr Pamela Marshall Dean ZSN thanked Prof Aisha Mehnaz, Ms Shahnaz Yasin, Mr Adil and konpal team for taking this initiative.



#### MEETINGS/SEMINAR /TRAININGS ATTENDED BY KONPAL MEMMBERS TEAM:

**January 2023:** Konpal's Program Manager and Chief accountant attended the training workshop organized by Pakistan Central for Philanthropy (PCP) at Qasimabad, Hyderabad.



especially those died of Violence and war atrocities at Palestine. Children from youth home, students from Zia uddin Nursing College, children from Home of Bless Shelter home, members and volunteers from Konpal participated in addition to civil society members and child rights activists.

**22nd November, 2023:** Universal Children Day was celebrated with the children and mothers/ care takers of children at a Shelter Home, House of Bless (HOB). The event comprises of painting contest, singing and merry making. A cake cutting ceremony was also held. Gifts were distributed to all children and their caretakers. We are thankful to HOB team.



**10th December, 2023:** Konpal members along with PPA, PIMA and members of other organization participated in White Coat March to show their solidarity with children and people of



GAZA. Dr Aisha spoke on the occasion and condemned the atrocities committed towards the children of Ghaza. Dr Rana, Mr. Najam, Ms. Shahnaz represented Konpal.

**General Secretary  
Konpal, CAPS**

### HEALTH CARE PROVIDERS APPROACH TOWARDS EARLY DETECTION AND MANAGEMENT OF CHILD ABUSE & NEGLECT (CAN)

#### Prof. Dr Aisha Mehnaz

Child abuse is of global prevalence, every year millions children became victims of abuse and maltreatment. In Pakistan there are no official data available but according to the report of an NGO, more than 3000 children are only sexually abused every year, considerable high figures are available for other types of abuse like physical abuse, emotional abuse, neglect and other type of child abuses.

Health care providers (HCPs) are in a unique position to early identify and manage cases of CAN. They should include Child Abuse as an integral part of history taking and differential diagnosis. Preventive education should be incorporated in their routine practice.

The following steps help in in early detection and management of CAN:

- 1. Identify early indicators of child abuse:** A high index of suspicion for CA should always be kept for every child presenting to the HCPs. History too rehearsed or inconsistent with the sign and symptoms of a disease, behavioral issues in the child being examined, injuries at the unusual sites and shapes. All should raise the suspicion of CAN. Early detection and prompt action reduces the morbidity and mortality related to CAN.
- 2. Involve a Multi-disciplinary team:** A multi disciplinary approach always help in diagnosis and management of CAN. Prepare a team of HCPs which include professionals from pediatrics, gynae-obs, surgery orthopedics, nursing, MLOs etc. Most important is the involvement of the HOD and



# KONPAL IN PICTURES





MS/Principal as a supervisory figure. With the support of Hospital administrative authorities, an effective multi-disciplinary team can be created.

3. **Detail Evaluation of suspected case of CAN:** It is preferable to admit all suspected cases of CAN. Obtain a detail history including family history, social and personal history, place of occurrence etc. Investigate the child thoroughly. A skeletal survey should be done in all children with suspicious trauma. Evaluation of a sexually abused child requires training and experience. When in doubt always take an expert opinion.  
Depending on the type of abuse and its severity the concerned dept. or specialty should preferably be approached.
4. **Early Reporting:** All suspected cases of child abuse should be reported to the Child Protective Authority (CPA) or Child Protection Officers (CPOs) of your area or call local help line 1121.
5. **A medico legal reporting** should be done within 24 hrs. of the incidence especially in cases of sexual abuse with or without evidence of violence. This will also allow the collection of forensic material and other evidences required for legal action.
6. **Psychological support to the survivors and the family of CAN** is needed in all cases and types of CAN. A separate child friendly area should be dedicated for counselling
7. While the legal and medico-legal procedures are being taken care of, every efforts should be taken to reassure the child and his family that all possible help will be provided to them while adopting a positive and friendly approach.

A hospital child protection Committee (HCPC) should be formed at each hospital including tertiary care hospitals up to the district level hospital. The HCPC should comprises of members belonging to all concerned specialties. Routine case conferences should be held to discuss all cases of CAN and their management and rehabilitation.

8. Once the child is discharged and send home or to the shelter house (whatever the case may be). Follow up visit should be arranged. In case of poor follow up frequent home visiting program involving social medical officer or Child Protection Authorities will help in providing future help and assuring that similar incidence do not recur.  
Early childhood home visitation programs reduces child maltreatment among high-risk families.
9. Empowerment of the abused child and care takers are key towards successful rehabilitation of survivors of child victim of abuse and Neglect.
10. Capacity building seminars, courses and workshops on child abuse and neglect as part of Continuing Medical Education (CME) for the HCPs and other staff of the Health Center should be regularly organized. Every efforts should be made to fight the heinous crime and free our society from scourge of child abuse, violence, maltreatment, child trafficking, child beggary and similar crime. Together we can do it.

**22nd and 23rd August, 2023:** Konpal, in collaboration with Dept. of Pediatrics DUHS/CHK organized two one day capacity building workshop for mothers admitted with their sick children. The hands on workshop was facilitated by Dr. Sadaf Ali and Mr. Muhammad Adil Dr.



Hafiza Sania, Dr. Ambar Kamran, Dr. Syeda Ayesha Bibi and Ms. Naila Mehboob (LHV/Nutritional councilor). Konpal believe that only by empowering women especially mothers, one can ensure child development and child protection.

**9th September, 2023:** Konpal organized a highly interactive and participatory workshop for the youths of SOS village. The capacity building workshop titled "Strategies for Determining Future Career" was facilitated by the leading Medical Educationist and Director Jinnah Sindh Medical University Dr Syed Moyn Ali. The hands-on workshop was attended by over 40 youths from SOS village and students of Nursing at Ziauddin hospital. The youths thoroughly enjoyed the activity and highly



appreciated the WS topic and format. Certificates were distributed to all attendees. In the end Mr. Azim In-Charge Youth home, SOS



village highly appreciated the activity of Konpal and requested Konpal team to organize more such activities for their children.

**October 2023:** Child Rights and PPA Punjab Conference was held at Lahore. Prof Aisha Mehnaz and Dr Kishwar Enam (Konpal Member) attended the conference and presented papers on Children Rights. Parenting and Screen time.

**11th October, 2023:** On International Girls child day a successful seminar was organized at Dow Medical College in collaboration with Dept. of Pediatrics DMC and PPA Karachi Chapter. The key note speaker was Prof Aisha Mehnaz, she gave thematic talk on "Digital Generation, our generation" The other speakers were Prof.



Muzamil Shabana Ejaz, Prof. Ammarah Jamal Prof. Fehmina Arif, Dr. Waseem Jamalvi (President (Elect) PPA Sindh Branch) and Dr. Khalid Shafi (GS PPA) also spoke on the occasion. Chief guests were Dr. Ashar Afaq (Registrar, DMC/DUHS) and Dr. Shumaila (Vice Principal, DMC),

**11th October, 2023:** This year girl child day was also celebrated at Konpal's rural center. MS. Shamsunisa, the social mobilizer of Konpal conducted an awareness raising session with girls and women of LK village.





our social mobilizer cum educator were given files and note book to encourage them.



**WEBINARS ON CHILD ABUSE AND NEGLECTS:**

2nd March, 2023:webinar on “Understanding Child Abuse and Neglect” & protection of Children with special needs was organized by Autism without Border. Prof. Aisha Mehanz, chaired the session. Speakers were Dr. Naeem Zafar and Dr. Azra Rafiq. The session was moderated Dr. Nadia Riaz

**31st October, 2023:** Prof Aisha Mehnaz participated in First online members meeting of IPA (International Paediatric Association) on “Children in Humanitarian and Emergency” settings

**CERTIFICATION OF KONPAL BY PCP**

**On 16th May 2023:**Team from Pakistan Central for Philanthropy (PCP)visited Konpal office for the evaluation of konpal, for certification. Team members included Mr. Shaheer Abdi and Mr. Dawood. They held meeting with the konpal board members and the staff of Konpal.With the grace of God, Konpal is certified for the third consecutive term by PCP.



**HEALTH MELA FOR RESIDENTS OF MOOSA COLONY**

**17th September, 2023** Konpal team participated in Health Mela organized for the poor residents of Musa colony. The event was organized by Ziauddin School of nursing. Konpal set up an awareness raising stall on common health issues and about child abuse and Neglect. Medical camp was also organized at the site where Skin Specialist Dr. Sana Amin saw the poor population of Musa colony who are suffering from various skin infections. Free medicines were also distributed at the occasion. Ms. Shahnaz Yasin, konpal, Muhammed Adil,



Konpal Program Manager and Dr. Sana Amin assisted by first batch of Konpal Internee from ZSN along with . Dr Pamela Marshall (Dean ZSN) Ms Shireen and Ms Shahnaz Zaman (Sr Instructor ZSN) participated in the Health Mela.

**CHILDREN WEEK PROGRAMS:**

**18th November, 2023:** A highly successful Walk cum Demonstration and candle light vigil was organized by Konpal at Frere hall Karachi. The walk was organized on the occasion of Universal Children Day. Prayers for the victims and survivors of Child abuse, violence and War was also held. Dr Azra Rafiq held a very soulful and heart touching prayer for all children



**Sunday 5th February, 2023** “Women Health in Disaster” was the theme of conference organized by Sindh Institute of Reproductive Medicine and the 8th Midwifery conference held at Movin Pick Hotel, Karachi konpal was represented by Dr. Aisha Mehanz who during the panel discussion highlighted the activities of konpal held during recent rain and flood like situation in the Long Khan Khoso Village (LKV) near Hyderabad.



**30th May, 2023:** Sindh Child Protection Authority organized a meeting at PC Hotel to discussed policy discussion and was attended by Dr. Aisha Mehnaz.

**September 2023:** Ms Shahnaz Yasin attended capacity building workshop on management of Child abuse and neglect.



**23rd October, 2023:** The launch of guidelines to identify and support victims of sexual and gender based violence prepared by LAS and government took place at hotel PC Karachi Health Minister Sindh Dr. Saad Khalid Niaz call for urgent action to comeback sexual and gender based violence he express strong condemnation of child sexual abuse and call to collative effort to prevent such heinous criminal act. A panel discussion followed Prof. Aisha Mehanz and Prof. Fehmina Arif were among the panelist.

**FOLLOW UP ON LKV VILLAGE PROJECT:**

Konpal team paid several visit to its Long Khoso Village project.

**23rd January, 2023 :** The purpose of this visit was to observe the progress of ongoing project specially the construction of houses it was a heart warming exercise, slowly not only face of the village is changing but also attitude of the people.

**15th February, 2023:** Two of our overseas Konpal Members and friends of LK Village, Dr. Mustafa Hussein and Mrs. Fazila Siddique visited LKV and spend some time with village folks they took a round of village also the team distributed Eid clothes for women and three 03 sewing machines and a walker to a handicapped man and all donated by Friends of LK Village..

**22nd March, 2023:** konpal team Visited LK Village and distributed Eid Clothes among the men of village donated by Mr. Shahid and Dr. Farzana Nasir. The members had meeting with elders and also visited the primary school located in the village.

**8th July, 2023:** Konpal started itsnon-formal learning adult center at LK Village. A social mobilizer cum educator of Konpal Ms. Shamsunisa along with Ms. Shahnaz Yasin (General Secretary) konpal took the first session with women folks. Brining and attitudinal change in a community facing in innumerable challenges in uphill task.

**18th October, 2023:** Konpal team again visited LK Village. The purpose of visit was to have meeting with village elders and to discuss with them the future program of Konpal. Apart from briefing session, it was two points agenda meeting i.e. to discuss opening of girls primary school and initiate small scale financing scheme ( loan on easy installment) to encourage small scale business. On this occasion dry ration (donated by Konpal member Dr. Farzana Iqbal) was distributed to all houses in the village. Dr Mustafa Hussein was given shield of Konpal in recognition of his support to konpal .Ten women who regularly attended adult literacy center in the last 3 months conducted by Ms. Shamsunisa