

## **ANNUAL PROGRESS REPORT OF KONPAL, CAPS** **JANUARY – DECEMBER, 2016**

The following are the brief description of the activities organized by Konpal from January 2016-Dec 2016.

### **MOTHER’S TRAINING WORKSHOPS:**

In the year 2016, 09 mother’s training workshops were held at Civil Hospital Karachi. Three workshops were held on the occasion of Women’s Day, Health Day and Universal Children day. A total no of 197 mothers’ were trained in 2016 on Child Care and Child Protection.

Certificates and first aid box were distributed to all mother’s. These workshops were conducted by Prof. Aisha Mehnaz, Prof. Fehmina Arif, Dr. Syeda Ayesha Bibi, Dr. Sadaf Ali, Ms. Naila Mehboob, Dr. Yousuf Yahya & Mr. Muhammad Adil.

### **CONFERENCE ON GENETIC AND METABOLIC DISEASES ON 12<sup>TH</sup> MARCH 2016**

Konpal collaborated with Dow University of health Sciences in the First conference on genetic & Metabolic Disorders. The conference was held on 11<sup>th</sup> and 12 the March 2016 .Apart from highly informative academic session a lively children program was held. The program was organized by Konpal. Children from SOS village staged a tableau. The program added color to the event and was greatly appreciated by all. Gifts and lunch were given to children and staff of SOS through courtesy Konpal.

### **SEMINAR ON WORLD DIABETIC DAY :7<sup>TH</sup> APRIL, 2016**

On the occasion of world Diabetic Day a seminar was held for the awareness of Doctors and Mothers by Konpal at Pediatric Department CHK on 7<sup>th</sup> April 2016. Over 80 doctors and parents attended the Seminar. It was facilitated by Dr. Aisha Mehnaz, Dr. Yousuf Yahya & Dr. Syeda Aysha Bibi.

### **AN EVENING WITH THE CHILDREN OF SOS VILLAGE:**

To celebrate the 100% results of children of SOS in the annual examination, a fun filled program was organized on 17<sup>th</sup> April, 2016. Children were involved in different games by Konpal team and volunteers. Believing in “Info-tainment”. The program also contain an informative talk on Heat Stroke by Dr. Syeda Aysha Bibi .

### **CASES OF CHILD ABUSE & NEGLECT (CAN):**

More than 500 cases of Child Abuse and Neglect were managed by team of Doctors and Konpal team at CHK. Case conference and data sharing done regularly every month.

### **KONPAL ELECTION FOR THE TENURE 2016 – 2018:**

On 28<sup>th</sup> May, 2016 General Body Meeting of Konpal was held in which election was also held and office bearers and Executive/board members who were elected .The entire cabinet came unopposed.(see attached sheet for election result)

<b>S.No</b>	<b>Name of office Bearers</b>	<b>Designation</b>	<b>Mobile No.</b>
01	Dr. Aisha Mehnaz	Chairperson	0334-3022233
02	Dr. Fareeda Qureshi	Vice Chairperson	0332-3193794
03	Ms. Shahnaz Yasin	General Secretary	0306-2428337
04	Dr. Sadaf Ali	Joint General Secretary	0313-2111961
05	Dr. Fehmina Arif	Treasurer	0300-8282843
<b>EXECUTIVE MEMBERS</b>			
01	Dr. Mirza Ali Azhar	Member	0333-2345036
02	Dr. Yousuf Yahya	Member	0333-2255397
03	Dr. Ayesha Sarwat	Member	
04	Dr. Syeda Aisha Bibi	Member	0334-3015623
05	Mr. Asghar Ali Khan	Member	0300-2145116
06	Dr. Farrukh Abbasi	Member	0323-2315179
07	Maj. (R) Shahnawaz Khan	Member	0333-2223441
08	Dr. Farzana Nasir	Member	0300-2101428
09	Dr. Kirshan Rai	Member	0332-3298156
10	Dr. Saba Laila	Member	0333-2430668

### **STAGE PLAY:**

Konpal joined youth of Habib University under their “Make Believe Production” to stage a play named “Lysa” on 18 to 20 August 2016. Was a fundraising event

### **WORKSHOPS FOR DOCTORS AND HEALTH CARE PROVIDERS (HCP):**

Workshops for Doctors and Health Care Providers (HCP) was organized 2-3 November on the occasion of Universal Children day and 23<sup>rd</sup> Biennial Pediatric Conference of Pakistan Pediatric Association (PPA) at Dow medical College. More than 25 HCP and doctors participated.

Workshop was facilitated by Dr. Aisha Mehnaz, Dr. Fehmina Arif and Dr. Yousuf Yahya on CAN. Prof. Saleem Ilyas and Dr Khalid Siddiqui was the chief guest on the occasion.

Dr. Aisha Mehnaz participated in 23<sup>rd</sup> Biennial Paediatrics Conference at Islamabad and facilitated the session on Child Rights.

### **MEDICAL AND DENTAL CAMP AT AURAL:**

On the occasion of Universal children Konpal a Medical cum Dental Camp for the children of AURA (Al-Umeed Rehabilitation Centre) on 16<sup>th</sup> Novemeber. A team of 15 doctors including Dr. Umreena Qureshi , Dr Sohail, Dr. Aisha Mehnaz Dr Umme laila from Dow University and Konpal participated in the Camp.Over 150 children AURA children and street children were examined. Free medical treatment and Drugs offered to those in need.

### **CHILDREN PROGRAM AT AURA:**

Following the medical cum dental Check up a colorful program was organized where children from AURA and SOS village presented Skits and songs. The event was highly enjoyed and appreciated by all. Lunch was served to all present courtesy Konpal.

### **SEMINAR AT BAHRIA AUDITORIUM:**

Konpal collaborated and participated in a Seminar on “Children Rights “organized by Pakistan Law Foundation at Bahria Auditorium on 17<sup>th</sup> November 2016. The program was organized at the occasion of Universal Child Day. The President of Pakistan Law Foundation Chief Justiice Saeed us Zaman Siddiqui’s message was read as he was unable to attend because of his illness. Dr. Aisha Mehnaz gave plenary talk and interacted with over 500 children participants.

### **WALK WITH SOS CHILDREN ON UNIVERSAL CHILDREN DAY :**

On the occasion of Universal Children Day a walk was organized by Konpal with the children of SOS village and Konpal Members SOS on 20<sup>th</sup> Nov 2016 at SOS Village Malir. The SOS children band lead the walk .The members of Konpal sang national songs on the occasion and enjoyed a breakfast of Kachori and Halwa with the children. The entire event was sponsored by Konpal

### **WORKSHOP ON COUNSELING ON CAN:**

A workshop on interviewing and counseling the survivors of Child abuse and neglect was held at Abbasi Shaheed Hospital on 14<sup>th</sup> December. Over 30 medical students and post graduate students participated in the workshop which was conducted by Prof Aisha Mehnaz.

**Reported by :  
Shahnaz Yasin  
Gen Secretary  
KONPAL**