

ANNUAL REPORT OF
KONPAL, Child Abuse Prevention Society (CAPS)
JANUARY – DECEMBER, 2020

The following are the brief description of the activities organized by Konpal during 2020.

NEW YEAR CELEBRATION WITH SOS VILLAGE, KARACHI

- The year 2020 started with the celebration of New Year and winter holiday with the children of SOS Village, Karachi.
Konpal” team were joined by Mr. Javed Jabbar and Senior Members of SOS board. Everyone had fun and joy interacting with children and involving them with story making and singing .The day ended with the DUA that ALLAH protect the innocent souls and grant them bright future Ameen.

WORKSHOP ON CHILD ABUSE AT AGA KHAN UNIVERSITY, KARACHI

- On 29th to 31st January, 2020 three days workshop on Child Abuse and Neglect and children Rights was held at Aga Khan University Hospital by Konpal(CAPS) in collaboration with department of Psychiatry.
Konpal efforts about raising awareness on the issues related to child abuse was highly appreciated by the very active and motivated group of participants. Certificates was distributed by Prof. A.G Billoo who was the chief guest on the occasion.

ISPCAN CONFERENCE AT DOHA ,QATAR:

- ISPCAN international conference was held at DOHA (Qatar) from 13 to 17 February, 2020. Dr. Aisha Mehanz Chairperson Konpal (CAPS) read a paper on Child Sexual Abuse

INTERNATIONAL WOMEN DAY:

- Konpal on the occasional of international women day organized a capacity building workshop with the parents and children of konpal academic support program (KASP). The session comprised of information sharing about Corona Virus and its prevention. This combine session was followed by Child Protection Messages shown by animated videos prepared by the PPA and CRC.
Later after tea break two separate sessions were held with parents and children. Parents were shown two videos prepared by konpal, on how the can protect their children. The session was effectively moderated by Dr. Rana Najam and Mr. Najam Saher.
Children were practically demonstrated all 7 steps of hand washing by Muhammad Adil. Later on children were given tips on guarding they were ask to plant a shrud and then the plant were given to each children to take home for further nurturing Mali (Gardener) Mr. Hidayat was assist by Ms. Shahnaz Yasin and Dr. Seema Zia. The celebration and information sharing was greatly enjoyed by all.

FOUR VIDEO CONFERENCES AND WEBINAR:

1. Child Abuse in Digital ERA on 18th July, 2020
2. Seminar on Autism on zoom about Safeguarding the right of Differently Able Children on 24th October 2020 and raising awareness on autism.
3. Seminar on youth Internet, the youth's weapon for change on 14th November 2020.
4. Seminar on about Safeguarding the right of Differently Able Children (Multi – Disciplinary Approach to Cerebral Palsy in Children) on 12th December 2020.

RELIEF ACTIVITIES OF KONPAL DURING COVID PANDEMIC

1. Essential Ration to More than 300 children at SOS village (Malir)
2. Essential Ration to Khuda ki Basti and 25 PPE. in April
3. Essential Ration distributed during Ramzan to more than 100 houses in Malir (Khokhrapar)
4. Eid Packages were distributed to more than 150 families in Chand Rat at Malir (Khokhrapar)
5. Distribution of PPE to Doctors and Paramedics through Mr. Bashir Arien.
6. In the month of June konpal distributed 300 school copies to SOS village children as requested by the Director of SOS Village along with books on different subject.
Dr. Rana Najam member of konpal donated 300 copies.
Konpal members donated generously for the affects of rain and flood during the devastating rain in Sindh in august 292020

CELEBRATION OF INDEPENDENCE DAY

- Independence day celebration was held at konpal office with cake cutting ceremony followed by national songs.

UNIVERSAL CHILDREN DAY CELEBRATION

- On 20th November 2020 konpal celebrated universal children day with children of Gulshan public school, Karachi the event included a session on SOPs, the children were told about the importance of wearing mask, social distancing and hand washing followed by demonstration on hand washing.
- The event was organized in collaboration with PMA.

WALK ON UNIVERSAL CHILDREN DAY

- Konpal organized walk on the occasion of Universal Children Day on 20th November 2020 A short walk with the children of the gulshan public school which was followed by distribution of face mask, biscuits and glass of milk to all the children.
- The event ended with press briefing by konpal and PMA members.
- All the members children and school teachers enjoyed the day with lots of singing and marry making. Prof. Tipu Sultan, HR. Chairperson Dr. Mirza Ali Azhar and many dignitaries joined the occasion.

KONPAL REPRESENTATION IN MEDIA

- On 9th October 2020 a talk was given on Child Abuse and Neglect by Dr. Aisha Mehnaz on GEO TV.
- On 16th & 17th November 2020 a talk was given on child abuse by Dr. Aisha Mehnaz on DAWN and TV one Channel.
- On 12th November 2020 a seminar was attended by Dr. Aisha Mehnaz, Ms. Shahnaz Yasin & Mr. Muhammad Adil on CHILD BEGGARY and traffic police panelist profile and (time line) was arranged by Mrs. Shayaan Malik founder and presented of SOCF. Dr. Aisha Mehnaz a speaker on the occasion talk about the (the effects of abuse on Children).
- 92 Media News with Mr. Moeed on polio 11-08-2020
- Geo News on child sexual abuse 15-10-2020
- 20th November 2020 on the occasion of universal children day Dr. Aisha appeared as guest in TV one.

KONPAL MEETINGS:

- Konpal executive committee meeting: were regularly held during corona pandemic. Three meeting were held on zoom and one on ground by observing SOPs during the pandemic including one general body meeting held in august 2020.

KONPAL'S VIDEO CONFERENCE OF GENERAL BODY MEETING ON ZOOM.

In the General Body meeting held on 14th August, 2020 on Zoom election was held for the tenure 2020 – 2022. It was unanimously decided by all present in the General Body meeting to continue with the current cabinet for the next tenure (2020 – 2022) all office bearers & executive members, life & ordinary members agreed. It was also decided to fill the seats of vacant board members. Members were asked to send their names for executive committee / board members.

The final list of elected office bearers and executive members are as follow:

Konpal Election 2020 – 2022
Held on 14th August, 2020 on Zoom

S.No	Name of office Bearers	Designation
01	Dr. Aisha Mehnaz	Chairperson
02	Maj. (R Shahnawaz Khan	Vice Chairperson
03	Ms. Shahnaz Yasin	General Secretary
04	Dr. Sadaf Ali	Joint General Secretary
05	Dr. Fehmina Arif	Treasurer
Executive Members		
01	Dr. Mirza Ali Azhar	Member
02	Mr. Mirza Najam Sehar	Member
03	Dr. Farzana Nasir	Member
04	Dr. Ayesha Sarwat	Member
05	Dr. Farrukh Abbasi	Member
06	Dr. Fareeda Qureshi	Member
07	Dr. Seema Zia	Member
08	Dr. Rana Najam	Member
09	Dr. Shazia Mohsin	Member
10	Dr. Yousuf Yahya	Member

Reported by
General Secretary
Konpal, Child Abuse Prevention Society,
Karachi.